

Things you will need for Cherokee Nation, NC Mission Trip 2015

You get one piece of luggage (no bigger than a duffel bag) or duffel bag...plus a back pack to carry with you in the van/car and your bedding.

- Bible, Pen/Pencil, Journal.
- Clothes (**Modest is the key** – T-shirts good, wide shoulder Tank tops **NO – tank tops/halter tops/spaghetti straps** (you get the picture), no cut off sleeves.
 - Work Clothes (grungy clothes that you wouldn't mind leaving behind.)
 - Clothes for free time and evening programs.
- Shoes –
 - One pair of closed toe shoes (for work site) like sneakers, sandals may be fine most of the time but must have both.
 - Flip flops – you never know what is on a shower floor.
- A hat – sun is hot and you may be outside for hours at a time.
- Work gloves
- Sun Glasses – See “A Hat”
- Bedding: sleeping bag or twin size linens, pillow
 - Air Mattress or other padding for overnights not at camp.
- Toiletries and bath towel - **only two towels per person**
- Flashlight (very important for those late night bathroom runs)
- Insect repellent
- Sunscreen and then more sunscreen...did I mention sunscreen
- **Swim Suit...modest (Guys Swim Shorts, Girls One-piece or Dark T-shirt over)**
- Your very own water bottle with your name on it. There should be adequate water, but you may not be able to leave all the time to go get it.
- Cash for the trip - \$117 is the minimum
- Snacks - if you want them on the trip - But...you must be willing to share!
- Medicine...this will be given to an adult and kept in a safe place.
- Patience, love, respect, ready to work and can do attitude...did I say patience.
- An ID if you want...we will keep for you if you need us to.
- Light Jacket or sweater...if you get cold in the evenings, you might want to bring something.

IPODs and Cell phones will be allowed on the trip to and from NC during specific times. They will be collected when we reach the camp...**no exceptions!** See electronics policy on fact sheet.

Also, things have been known to get lost or stolen...so if you can't part with it DONOT bring it.